



2025 GHSA Flag Football Rules Clinic

GHSA Play Dates for Flag Football

- Sept. 9- Earliest practice date
- Sept. 30- Earliest date for contest
- Nov. 29- Last play date
- Dec. 3- First and Second Round of State Tournament
- Dec. 8- Quarterfinals and Semifinals of State Tournament
- Dec. 15-17- State Championship- Mercedes-Benz Stadium



GHSA Rules Book

GHSA will use the Rules Book published on the GHSA website exclusively.



Rules Changes

Jersey Numbers. Rule 1-4-1. Player jerseys will be required to have jersey number on the front **AND** back. Numbers on the front shall be not less than 6" in height and 8" in height on the back of the jersey and shall be in a contrasting color to the torso of the jersey.

Forward Fumble Out of Bounds. Rule 7-5-4. When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.



Rules Changes

- **Protective Head Gear. Rule 1-5-6.** – It is recommended that each player on the field during play wear a protective head gear. The device may cover the entire head or be a halo style and have no hard plastic or metal fixtures.
- **Electronic Communication Devices. Rule 1-5-7.** – Teams are allowed to use a singular one-way non-oral communication device.



Point of Emphasis

Rule 9-1. Sportsmanship. Conduct by players, nonplayers, and officials should remain in a sportsmanship manner.

Rule 9-3 – Personal Fouls: Illegal screen blocking and illegal contact will continue to be strictly prohibited on the grounds of player safety and sportsmanship.



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